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The City of Saskatoon's administration and finance committee is set to examine two pilot express transit routes that city officials hope will increase transit ridership to and from Saskatoon's outlying communities. MORGAN MODJESKI/METRO

Express routes to City Centre, U of S piloted

Service scheduled to start this summer. Officials say they hope express lines increase ridership, services in outlying communities

MORGAN MODJESKI
morgan.modjeski@metronews.ca

Alongside adjustments to a number of transit routes across Saskatoon, the City of Saskatoon's administration and finance committee will be examining two potential express routes to help commuters get to the University of Saskatchewan and City Centre.

Targeting the city's outlying communities, the new express routes will be piloted with residents in the Lakeview, Lakeridge and Lakewood communities, as they currently have the longest commute times on transit.

The two pilot projects, a direct-to-university route and a direct-to-downtown route, will operate for one year to allow ridership to stabilize. After that time, the city will examine the operation, success and feasibility of these routes to consider applying them to other parts of the city.

Eric Olauson, Ward 8 councillor and a member of the administration and finance committee, said he hopes the piloted express routes will help present a viable transit option for outlying commuters, as most favour their car.

"To tell someone in Lakeview, for instance, 'Yeah, take the bus, it's a great alternative, it saves the environment, it saves you money, and all that fun stuff, but it's going to take two hours to get to your job downtown' — it's a pretty hard sell," said Olauson. "Right now it's not attractive to people who like the convenience of getting there in a timely manner, but if we can tighten those timelines up and make it more palatable for people, even if it was an hour … I think it would be easier to sell."

He continued, "People are willing to take transit, people are willing to make the change, but we need to make it more attractive for them."

Both pilot express routes are scheduled to start this summer, with the direct-to-downtown route starting service on July 2 and the direct-to-university route starting Sept. 2.

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The Riot rise to the occasion against juggernaut Valkyries

Football. The Regina Riot best the Saskatoon Valkyries — undefeated, until today

JEFF MACKEY
jeff.mackey@metronews.ca

Regina Riot quarterback Aimee Kowalski battles her way up the field in the Riot's first-ever win over their provincial rivals, the Saskatoon Valkyries. JEFF MACKEY/METRO

Since the Western Women's Canadian Football League began two years ago, no team has won a game against the Saskatoon Valkyries, until the Regina Riot overthrew the reigning queens of the WWCFL on Sunday with a final score of 15-7.

Hundreds of spectators turned out to Mosaic Stadium in Regina on Mother's Day to see the provincial rivals go head-to-head. Until this point, however, the rivalry had been a decidedly one-sided affair — and that made the victory even sweeter for the home team.

"It is like a weight has been lifted off our shoulders," Riot quarterback Aimee Kowalski said after the game. "It has finally given this league a competitive edge. It isn't just the Valkyries anymore. It could be any team at any time."

The Valkyries' winning streak stretches back to May 28, 2011, when they beat the Riot 56-6. Since then, they have dominated regular-season play and won two league championships.

This game, however, saw a more organized and re-energized Riot controlling much of the play. The team has brought in some new talent on the field and on the sidelines while maintaining important veterans in key positions.

"The Riot are a much-improved team; they outplayed us today," said Valkyries head coach Jeff Yausie. "For us, it's back to the drawing board — and then we are going to need to play them again in a couple weeks."

"These girls have worked their butts off, and as coaches we told them if you work hard you will beat the best team in the league," said Riot defensive line coach and former Saskatchewan Roughriders defensive tackle Markus Adams, who was standing in for new head coach Darren Fisher for this game.

Belly dancers shimmy for Adelle House

20 participants can be seen belly dancing at the Saskatoon Farmers' Market. MORGAN MODJESKI/METRO

In order to raise awareness about Adelle House in Saskatoon, belly dancers from across the city gathered at the Saskatoon Farmers' Market on Saturday afternoon for a shimmy mob. Like a flash mob, but with belly dancing, cities from across the world were participating in Saturday's shimmy mob to mark World Bellydance Day and Saskatoon team leader Rebecca Cardenas said she used the event to inform the public about an important service.

"The need for sheltered beds for abused women and children is growing in Saskatchewan and in Saskatoon especially," said Cardenas. "So we're coming together, creating a flash mob and just through the shimmy mob and World Bellydance Day we're just hoping to shine a little light on Adelle House."

She feels the event also served as an opportunity for the public to be introduced to the dance style, noting she was just thrilled with the amount of people who came to participate.

"It's very, very rewarding," said Cardenas. "All of the women, we've put countless hours into practice ahead of time, promoting the event, getting sponsors and finding donations. I find sometimes we take our lives a little for granted and it's just nice to be the person who makes change or difference in someone's life."

Verl Mastin, assistant director at Saskatoon Interval House, which includes Adelle House, said the service gives women dealing with abuse a second chance.

"Any support we can get is really wonderful and the awareness is something really needed," said Mastin. "People need to know there is a cycle to violence and that you don't have to live that way — there's choices and options and health relationships are out there."

MORGAN MODJESKI/METRO

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Tag, you're commander. Hadfield earthbound after handing over space station

Canadian astronaut Chris Hadfield handed over command of the International Space Station as he prepared to return to Earth.

He wrapped up a five-month visit to the giant laboratory, saying it's time to turn over the reins to cosmonaut Pavel Vinogradov.

Hadfield, the first Canadian to command the station, said he achieved the goals he set out for himself before making the journey in late December and is leaving both ship and crew "in good shape."

He tweeted Sunday morning that it was "time to rev up the Soyuz" for the trip home.

Plans call for Hadfield and two other crewmembers to leave the station Monday just after 7 p.m. EDT aboard a Russian Soyuz spacecraft.

They are due to land in Kazakhstan about three and a half hours later.

A helicopter will take them to a local airport, where a waiting NASA plane will fly them to Houston, Texas.

While he's happy to be heading home, Hadfield said both he and his crew "would come back given the opportunity."

THE CANADIAN PRESS

Astronaut Chris Hadfield poses for a photo with a new polymer $5 bank note on the International Space Station. SEAN KILPATRICK/THE CANADIAN PRESS FILE

Picking up the pieces

Cottagers aghast at ruin brought by colossal wall of ice

Owners of summer homes and cottages in Manitoba that were crushed by a huge wall of ice were picking through the remains of their properties over the weekend.

Strong winds on Friday pushed the ice on Dauphin Lake onto Ochre Beach, about 200 kilometres from Winnipeg.

Clayton Watts, deputy reeve of the Rural Municipality of Ochre River, says it's lucky no one was hurt because the ice moved "like a freight train."

He says the ice was close to nine metres high in some places and that 12 of the affected buildings were completely destroyed. THE CANADIAN PRESS

Housing allowance

RCMP probing senator expenses

The RCMP says it is examining senators' expense claims following an independent audit and pointed reports from the upper chamber's internal economy committee.

But the Mounties stressed Sunday it was too early to know whether they will open a full-fledged investigation into accusations that three senators improperly claimed a housing allowance.

At issue is whether Conservative Mike Duffy, former Conservative Patrick Brazeau and Liberal Mac Harb were truly eligible for the allowance, intended to compensate senators who must maintain a secondary residence in Ottawa.

THE CANADIAN PRESS

Bystanders comfort a victim of Sunday's shooting in New Orleans. The victims included 10 men, seven women and two 10-year-old children. LAUREN MCGAUGHY, THE TIMES-PICAYUNE/THE ASSOCIATED PRESS

Marching, cheering, running, screaming

New Orleans shooting. Cops say street violence, not terror, responsible for injuring at least 19

Gunmen opened fire on dozens of people marching in a neighbourhood Mother's Day parade in New Orleans on Sunday, wounding at least 19 people, police said.

The FBI said that the shooting appeared to be "street violence" and wasn't linked to terrorism.

Many of the victims were grazed and most of the wounds weren't life-threatening, according to a police news release. No deaths were reported by Sunday night.

The victims included 10 men, seven women, a boy and a girl.

The children, both 10 years old, were grazed and in good condition, but police said at least two people were in surgery Sunday night.

Mary Beth Romig, a spokeswoman for the FBI in New Orleans, said federal investigators have no indication that the shooting was an act of terrorism.

"It's strictly an act of street violence in New Orleans," she said.

Officers were interspersed with the marchers, which is routine for such events. As many as 400 people joined in the procession that stretched for about three blocks, though only half that many were in the immediate vicinity of the shooting, said Police Superintendent Ronal Serpas.

Police saw three suspects running from the scene in the city's 7th Ward neighbourhood. No arrests had been made as of Sunday night.

The neighbourhood where the shooting happened was a mix of low-income and middle-class row houses, some boarded up. As of last year, the neighbourhood's population was about 60 per cent of its pre-Hurricane-Katrina level.

Police vowed to make swift arrests. Serpas said it wasn't clear if particular people in the second line were targeted, or if the shots were fired in a random fashion.

THE ASSOCIATED PRESS

Can't run, can't hide

"We'll get them. We have good resources in this neighbourhood."

Police superintendant Ronal Serpas on the suspects in the shooting.

Police vowed swift arrests. MICHAEL DEMOCKER/THE TIMES-PICAYUNE/THE ASSOCIATED PRESS

Second-line parades

Second-line parades are loose processions in which people dance down the street, often following behind a brass band.

- Some parades are impromptu and some are planned. They are often described as moving block parties.
- A social club called The Original Big 7 organized Sunday's event.
- The group was founded in 1996 at the Saint Bernard housing projects, noted its MySpace page.

Turkey's PM says country won't be dragged into Syrian civil war

Twin car bombs. Biggest incident of violence across border since start of crisis

Turkey's prime minister vowed Sunday his country won't be drawn into Syria's civil war, despite twin car bombings the government believes were carried out by a group of Turks with close ties to pro-government groups in Syria. The bombings left 46 people dead , raising fears of Turkey being pulled deeper into a conflict that threatens to destabilize the region.

Syria has rejected allegations it was behind the attacks. But Turkish authorities said Sunday they had detained nine Turkish citizens with links to the Syrian intelligence agency in connection with the bombings in the border town of Reyhanli, a hub for Syrian refugees and rebels just across from Syria's Idlib province.

Relatives mourn one of the 46 victims killed in explosions Saturday in Reyhanli, near Turkey's border with Syria. BURHAN OZBILICI/THE ASSOCIATED PRESS

Harsh accusations have flown between Turkey and Syria, signalling a sharp escalation of already high tensions between the two former allies. But Prime Minister Recep Tayyip Erdogan suggested that Turkey would not be drawn militarily in retaliation. He insisted Turkey would "maintain our extreme cool-headedness in the face of efforts and provocations to drag us into the bloody quagmire."

"Those who target Turkey will be held to account sooner or later," he said.

Former Marxist group

Authorities suspect the leader of a former Marxist group, Mirhac Ural, now believed to be based in Syria, may have revived his group and ordered the attack.

- The group, Acilciler, was one of many Marxist groups active in Turkey through the 1970s and 1980s, and was long-rumoured to have been formed by the Syrian intelligence agency. Many of its militants allegedly included ethnic Arab Turks belonging to a sect close to Syria's Alawites.

Saturday's bombings, which were 15 minutes apart, damaged some 735 businesses and 120 apartments. It also wounded dozens of people, including 50 who remained hospitalized Sunday.

Syria and Turkey became adversaries early on during the uprising against Syrian President Bashar Assad that erupted in March 2011. Since then, Turkey has firmly sided with the Syrian opposition, hosting its leaders along with rebel commanders and providing refuge to hundreds of thousands of Syrian refugees.

The town of Reyhanli is home to members of Turkey's Arab Alevi community, an offshoot of Shiite Islam, while many of the refugees who have fled Syria are Sunni.

On Sunday, hundreds of people marched in the city of Antakya, near Reyhanli, protesting the government for its Syria policies and support for the rebels — which some believe has exacerbated the conflict in Syria. Turks in Hatay, the southern province where the town is located, complain that the rebels roam freely, disrupting calm in Turkey's border regions.

THE ASSOCIATED PRESS

China coal mines

40 miners killed in separate blasts

Authorities say 40 miners have died in two separate coal mine explosions in southwestern China.

Officials say 28 miners were killed in a blast Saturday at a coal mine in Sichuan province. They say 108 people were underground at the time. Less than 24 hours earlier, another coal mine blast in neighbouring Guizhou province killed 12 people.

THE ASSOCIATED PRESS

Asylum seekers

Indonesia stops boat carrying 96

Indonesian authorities say they intercepted a wooden fishing boat Sunday carrying 96 Middle Eastern asylum seekers trying to reach Australia.

The boat was stopped off the Benoa port on Bali. Many initially refused to leave the boat, but agreed after an all-day standoff.

THE ASSOCIATED PRESS

Sleepless in Israel. Critics restless over Netanyahu's $127K bed on 5-hour flight

Israeli Prime Minister Benjamin Netanyahu will seek alternate sleeping arrangements when travelling after receiving a sky-high bill for installing a customized bed on a recent flight to London, officials close to the leader said.

Netanyahu found himself facing a public uproar on Sunday after Israel's Channel 10 TV reported over the weekend that he had spent $127,000 US in public funds on a special sleeping cabin for the five-hour flight to attend Margaret Thatcher's funeral last month.

Netanyahu's office initially defended the decision, saying the prime minister had a busy schedule ahead of the flight and needed to be fresh for important meetings in Britain.

But following public criticism, officials close to Netanyahu said late Saturday that he had been unaware of the cost, and once informed, ordered the bed be cancelled on all future flights.

Israeli Prime Minister Benjamin Netanyahu. THE ASSOCIATED PRESS FILE

The Israeli prime minister's office does not have its own plane, such as the U.S. presidential aircraft Air Force One. Instead, Israeli leaders must charter a plane when travelling abroad. Some commentators claim it would be cheaper in the long run to purchase and maintain a special plane reserved for official travel of the prime minister and other officials.

The uproar comes at a delicate time. Netanyahu's government is in the process of drawing up a budget expected to include painful austerity measures and tax increases due to a widening deficit.

On Saturday night, several thousand people took to the streets in Tel Aviv and other cities to protest the expected budget cuts.

Micky Rosenthal of the opposition Labor Party called for an inquiry into the prime minister's "scandalous behaviour" according to the Maariv daily on Sunday.

"We thought that nothing could surprise us anymore when it came to the Netanyahu's personal behaviour. Well, we thought wrong," wrote Sima Kadmon, a political commentator in the Yedioth Ahronoth daily.

Earlier this year, Netanyahu stopped buying ice cream from his favourite Jerusalem parlour after an Israeli newspaper discovered his office was spending $2,700 a year for the frozen treat.

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Illegal-downloading megasuits rear head north of the border

Anti-piracy battle. Case involving Teksavvy, Voltage Pictures could pave way for U.S.-style actions on file-sharing

Massive lawsuits targeting people who illegally download copyrighted content are common in the U.S., where people have been stuck with hefty fines and out-of-court settlements. Now there's an attempt to bring that to Canada.

At the centre of the effort is Canipre, the only anti-piracy enforcement firm that provides forensic services to copyright-holders in Canada.

The Montreal-based firm has been monitoring Canadian users' downloading of pirated content for several months. It has now gathered more than one million different evidence files, according to its managing director Barry Logan.

U.S. precedent

- Such lawsuits have been common in the U.S. Between 200,000 and 250,000 people have been sued in the last two years, according to Internet civil-liberties group the Electronic Frontier Foundation.
- Canadian consumers don't risk such severe damages as in the U.S., because of a bill passed last year that modified the federal Copyright Act. Bill C-11 imposed a limit of $5,000 on damages awarded for non-commercial copyright infringement.

One of its clients is now before Federal Court in Toronto, requesting customer information for over 1,000 IP addresses — a user's unique Internet signature — collected by Canipre.

That client is the American studio Voltage Pictures, maker of hundreds of films including the Academy Award-winning Hurt Locker. On the other side of the case is TekSavvy, an Ontario-based Internet provider. The IP addresses flagged by Canipre link back to its users.

The case is set to resume next month. If the court orders TekSavvy to hand over customer info, it could be the beginning of a new chapter in the anti-piracy battle in Canada.

"We have a long list of clients waiting to go to court," said Logan, who estimates that about 100 different companies are paying close attention to the case. THE CANADIAN PRESS

Branson honours a bet

British entrepreneur Richard Branson, left, poses with AirAsia's chief executive Tony Fernandes while dressed as an AirAsia flight attendant at a low-cost carrier terminal in Malaysia on Sunday. The Virgin Group founder had his legs shaved, put on lipstick and squeezed into the red outfit to honour a bet by serving as a flight attendant on an AirAsia trip from Perth, Australia, to Malaysia. Branson lost a bet to Fernandes in 2010 after they wagered their Formula One racing teams would finish ahead of each other. VINCENT THIAN/THE ASSOCIATED PRESS

North Pole nations

Business to have bigger role in Arctic debates: Minister

Creating a bigger presence for industry at the world's premiere international forum on northern issues won't distract from its work on environmental problems, says the Conservative cabinet minister about to lead the group.

"Absolutely not," said Leona Aglukkaq, who will assume the chairmanship of the group of the eight nations that ring the North Pole starting on Wednesday.

"That research — the work of interest to all the Arctic regions — that will continue during our chairmanship."

Central to Aglukkaq's plans for her two-year term heading the Arctic Council is the creation of an Arctic business forum, which she described as a way for northerners and northern business to share ideas and solutions. THE CANADIAN PRESS

Factory collapse. Bangladesh to raise garment workers' pay

A Bangladeshi woman reacts Sunday after her son's body was found in the wreckage of a garment factory building that collapsed April 24. THE ASSOCIATED PRESS

Bangladesh's government plans to raise the minimum wage for garment workers, a cabinet minister said Sunday, after the deaths of more than 1,100 people in the collapse of a factory building focused international attention on the textile industry's dismal pay and hazardous working conditions.

A new minimum-wage board will issue recommendations for pay raises within three months, Textiles Minister Abdul Latif Siddiky said. The cabinet will then decide whether to accept those proposals.

The wage board will include representatives of factory owners, workers and the government, he said.

The April 24 building collapse, the world's worst garment-industry disaster, has raised alarm about conditions in Bangladesh's powerful textile industry, which makes clothing for major retailers around the world.

Working conditions in the $20-billion US industry are grim, a result of government corruption, desperation for jobs and industry indifference.

Minimum wages for garment workers were last raised by 80 per cent to about $38 a month in 2010 following protests by workers. THE ASSOCIATED PRESS

Climate change. Project aims to track megacity emissions

Every time Los Angeles exhales, odd-looking gadgets anchored in the mountains above the city trace the invisible puffs of carbon dioxide, methane and other greenhouse gases that waft skyward.

Halfway around the globe, similar contraptions atop the Eiffel Tower and elsewhere around Paris keep a pulse on emissions from smokestacks and automobile tailpipes. And there is talk of outfitting Sao Paulo, Brazil, with sensors that sniff the byproducts of burning fossil fuels.

It's part of a budding effort to track the carbon footprints of megacities, urban hubs with over 10 million people that are increasingly responsible for human-caused global warming.

For years, carbon dioxide and other greenhouse pollutants have been closely monitored around the planet by stations on the ground and in space.

Now, some scientists are eyeing large cities — with LA and Paris as guinea pigs — and aiming to observe emissions in the atmosphere as a first step toward independently verifying whether local — and often lofty — climate goals are being met.

For the past year, a high-tech sensor poking out from a converted shipping container has stared at the Los Angeles basin from its mile-high perch on Mount Wilson, a peak in the San Gabriel Mountains that's home to a famous observatory and communication towers.

Like a satellite gazing down on Earth, it scans more than two dozen points from the inland desert to the coast. Every few minutes, it rumbles to life as it automatically sweeps the horizon, measuring sunlight bouncing off the surface for the unique fingerprint of carbon dioxide and other heat-trapping gases.

Gregg Marland, an Appalachian State University professor who has tracked worldwide emissions for the Energy Department, said there's value in learning about a city's emissions and testing techniques. "I don't think we need to try this in many places, but we have to try some to see what works and what we can do," he said. THE ASSOCIATED PRESS

By the numbers

400

Last week, worldwide levels of carbon dioxide reached 400 parts per million at a Hawaii station that sets the global benchmark — a concentration not seen in millions of years.

London. Vanishing Banksy work will go back up for sale

This Banksy stencil of a boy sewing Union Jack bunting disappeared from the side of a London store in February. The work was viewed as Banksy's typically cheeky take on the Diamond Jubilee celebrations of Queen Elizabeth II's 60 years on the British throne. HARINGEY COUNCIL/THE ASSOCIATED PRESS

An artwork by secretive graffiti artist Banksy that sparked controversy when it disappeared from the side of a north London store has been put up for sale in the U.K., months after it was yanked from the block in Miami.

The stencil of a young boy sewing Union Jack bunting vanished in February, upsetting art lovers in the gritty Turnpike Lane area. It reappeared on the website of Miami's Fine Art Auctions with an estimated price of $500,000 to $700,000 US, but was later withdrawn from sale without a reason.

The Sincura Group auctioneers say the mural, called Slave Labour, has been "sensitively restored" and will go on sale at the London Film Museum on June 2.

Local officials said Saturday they will campaign to have the mural returned to north London. THE ASSOCIATED PRESS

MISSING PERSONS? THAT'S SO LAST WEEK

URBAN COMPASS

Paul Sullivan
regina@metronews.ca

If you ever wonder why the government doesn't get around to doing important stuff like lowering taxes or building homes for the homeless, it's because they're too busy.

Declaring proclamations.

Think I'm kidding? We're less than two weeks into May and the Saskatchewan government has already declared seven awareness weeks, representing a dizzying diversity of good causes.

From Speech and Hearing Awareness Week to Ombudsman Week, these things roll across the transom nearly daily.

So, what's wrong with declaring Missing Persons Week (May 5 to 11)? It's certainly important to the families of the missing persons in Saskatchewan that their loved ones not be forgotten.

"This is an important time to support families and communities by recognizing the ongoing need to resolve missing-persons cases in our province," Justice Minister and Attorney General Gordon Wyant allegedly said to someone, who then duly captured it for posterity by issuing a government press release.

And then Christine Tell, the minister responsible for corrections and policing, allegedly chimed in: "Sadly, there are 114 men, women and children missing in Saskatchewan today.... We are working together with our partners to ensure that we continue to be diligent in our response to cases of missing persons."

Is there perhaps a special room where these notoriously overworked ministers gather to issue these proclamations salted with ponderous, lame bromides instead of actually knuckling down and going out to find 114 people and restoring them to the bosoms of their families?

Uh, no. Talk is cheap. Proclamations are cheaper.

So faceless government communications people write and send out press releases, fabricating plausible quotes that don't offend anyone precisely because they don't say anything. And then they're exhaustively reviewed up the food chain until the faintest possibility of potential accountability is removed. And then they're approved for release.

If you believe that "We are working together with our partners to ensure that we continue to be diligent in our response to cases of missing persons" is the same thing as going out and looking for them, you're in luck! This is also Mental Health Week, a good time to seek therapy.

There might have been a time when proclamania was effective, back when there was one a week. But the more proclamations you declare, the more you undermine the value of each one. Now, School Patrol Safety Week competes with Emergency Preparedness Week, Women Entrepreneurs Week and NAOSH (North American Occupational Safety and Health Week), all solemnly declared at the same time by the government in Regina.

With all that noise, it's tough to get a signal. No wonder the universal distress call is Mayday!

ZOOM

Happy birthday, Buddha!

AHN YOUNG-JOON/THE ASSOCIATED PRESS

It's the journey, not the destination

A parade of Buddhists in Seoul, South Korea, carry lanterns to celebrate the upcoming birthday of Buddha during the Lotus Lantern Festival on Sunday.

Legend has it that Buddha was born to a royal Hindu family in what is now known as Nepal, and on the night he was conceived, his mother, Queen Maya, dreamed that a white elephant with six white tusks walked around her three times, then hit her and disappeared into her right side. When she became pregnant, Queen Maya set off for her father's kingdom to give birth, as was the tradition.

But Buddha was born along the journey in a garden beneath a sal tree.

DAILYMAIL.CO.UK/WITH FILES FROM THE ASSOCIATED PRESS

On a full moon

2,557

Although the exact date is unknown, scholars believe Buddha was born some 2,557 years ago. In Korea, his birthday is traditionally celebrated on the full moon in May.

The light in the dark

Across Asia, Buddha's birthday is celebrated with colourful parades. The lighting of a lotus-shaped lantern in Buddhism traditionally symbolizes a display of religious devotion, performing good deeds and lighting up the dark parts of the world that are filled with agony.

Across South Korea, many temples provide free meals and tea to all visitors. DAILYMAIL.CO.UK

Earth Day. A crafty way to bring people together

News worth sharing

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate people, inspiring projects and stories worth celebrating. Here's just one.

Earth Day just came and went. If it passed you by, it may be a sign the planet needs a lot more people like Heather McArthur.

On April 27, McArthur staged a community arts-and-crafts show for Earth Day, saying she wanted "to get people together." Her idea was to feature natural, earth-friendly or up-cycled merchandise. She invited a group of Saskatoon-area artists and artisans to her home and from there, she insists, it was a collective effort. For instance, one volunteer handled the Facebook page, while another helped create a poster.

McArthur booked Grace Westminster United Church, invited bands to perform and even hired a chef for the day. "It really did turn out well," she said, especially for the vendors. Most important, it brought the community together. "I think that was the best," she said. "They just felt comfortable."

CRAIG AND MARC KIELBURGER

Craig and Marc Kielburger are founders of Free The Children. Send your stories to goodnews@metowe.com and we'll share them right here.

Letters

RE: Hockey Alberta to Ban Body Checking at Peewee Level, published May 8

As players for the Calgary Saints Division 2 Peewee Hockey Team, we disagree with the ban on checking in the Peewee and Bantam age groups.

We are both 12-year-olds. If the ban on checking goes ahead, when we get to the Bantam level where checking is allowed, we will be playing against players who will have three years of playing with checking, while we will only have one year of experience. We will have forgotten how to check safely, and will be injured much more easily. Also, if you ban checking at this level only in Alberta, when we go out of province to play, we won't know how to take a check safely.

Instead of taking away checking completely, we think there should be a zero-tolerance policy on head-hunting, which means deliberately hitting another player in the head.

Checking makes the game more exciting for both players and spectators. It is an important part of the game of hockey — please don't take it away!

Curtis Jackson and Kieran Ruscheinski, Calgary

WE WANT TO HEAR FROM YOU:
Send us your comments: saskatoonletters@metronews.ca

metro

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• **Telephone:** 306-649-2025 • **Toll free:** 1-877-895-7193 • **Fax:** 1-888-895-6931 • **Advertising:** adinfosaskatoon@metronews.ca • **Distribution:** saskatoon_distribution@metronews.ca • **News tips:** saskatoon@metronews.ca
• **Letters to the Editor:** saskatoonletters@metronews.ca

SCENE 2

The way we watch television has changed rapidly over the last decade with the rise of the Internet. Today, all it takes is a smartphone to plug into your favourite program. Over the next few days, Metro takes a look at how television has shaped us, and where it might go next. Today, we take a look back, beginning in a time when the concept of television was an intellectual imagining.

METRO WORLD NEWS

The history of television

1900
Russian scientist Constantin Perskyi coins the word "television" in a paper at the World's Fair in Paris. Trading cards sold there predict colour TV and news radio in the year 2000.

1925
Russian-born Vladimir Zworykin patents the first television colour tube. First moving image transmitted.

1928
Television introduced in the United States, followed by Britain, Germany, France and the Soviet Union.

1930
American inventor Charles Francis Jenkins broadcasts the first television commercial.

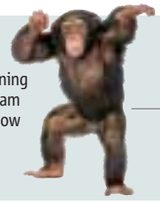
1939
Television introduced in Japan and Italy. Regular TV broadcasts introduced in the United States.

1936
Berlin Olympics become the world's first televised sports event. The BBC introduces the world's first regular TV service: three hours per day.

1947
U.S. news program Meet the Press launched. Harry Truman is first U.S. president to address the nation from White House via television. He asks for food for Europe.

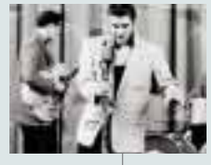
1951
Colour TV first introduced in the United States.

1952
U.S. morning TV program Today Show begins.



1954
Over half of U.S. households own a TV set.

1956
Elvis Presley appears on the Ed Sullivan Show.



1960
TV debate between John F. Kennedy and Richard Nixon decides U.S. election.

1969
Neil Armstrong and Buzz Aldrin (pictured) on the moon, watched by more than 700 million people.

1971
U.S. sitcom All in the Family launched, possibly first to discuss homosexuality.

1976
Sony introduces first home video recorder.

1980
The 'Who Shot J.R.?' instalment of the soap opera Dallas becomes the most-watched TV program in U.S. history.

1983
The final episode of M*A*S*H becomes the most-watched television program in history.

1985
First Blockbuster video-rental store opens.

1989
The Simpsons premieres. Airing that same year: Seinfeld.

1995
DVD player invented.

1999
TiVo, which allows users to record shows while skipping ads, launched.

1999
Reality TV boom begins with shows like Big Brother and Who Wants to Be a Millionaire? Even bigger deal: The Sopranos premieres.

2010
3-D TV introduced.

2011
NCIS is the most popular TV drama in the United States.

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Gwyneth Paltrow

Honest Gwyneth Paltrow takes swipe at annual Met Gala fashion event

Gwyneth Paltrow is so over the Met Gala. After swearing off the annual fashion event to USA Today, the Iron Man 3 star clarified her stance during a lunchtime interview with Australian radio hosts Kyle and Jackie O. "Do you want me to be honest? It sucked," Paltrow lamented. "It seems like it's the best thing in the world. You always think, 'Oh my god, it's going to be so glamorous and amazing and you're going to see all these people.' And then you get there and it's so hot and it's so crowded and everyone's pushing you." She even took issue with the event's punk-rock theme. "I think we're all a bit old to dress up punk," she said.

Twitter

@SarahKSilverman
Security just called my hotel rm w a noise complaint - that's how hardcore i am (I'm Skyping w my mom at 10:45 on a Sat)

@ParisHilton
We are only alive in those moments when our hearts are conscious of our treasures...

@Sethrogen
Go sports team! I hope you beat the sports team you are competing against in the sport you are playing!

Amanda Bynes ALL IMAGES GETTY

Amanda Bynes on probation for driving offence

Amanda Bynes has been sentenced to three years of probation for driving on a suspended licence, according to TMZ. She was also fined $300. Bynes' lawyer appeared on her behalf to enter a plea of no contest late last week while the troubled actress continued her escapades in New York City. Bynes was charged with driving on a suspended licence last fall, and her licence had been suspended due to two previous hit-and-run charges that were later settled. She still faces charges from an April 2012 arrest for driving under the influence.

Amy Poehler

Poehler and Kroll said to be dating

Parks and Recreation star Amy Poehler is reportedly dating comedian Nick Kroll, her first dose of romance since splitting with husband Will Arnett last September, according to Us Weekly. "She was looking for a guy like him," a source says. "She wanted a comedian who 'gets' her." Kroll and Poehler have been friends for a while, with Kroll playing a recurring role on her sitcom since 2011.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Pop goes the week

Lohan has a pout while Pattinson and Perry hang out

STARGAZING
Malene Arpe
scene@metronews.ca

This week in bridal fashion crimes. The colours for Mama June and Sugar Bear's wedding were camouflage, hot pink and orange while, much worse, Keira Knightley got married in a dress she'd worn back in 2009.

Researchers at the University of New South Wales find that men with beards are generally judged much more attractive than clean-shaven men.
That explains the surge in sales at Eddie's Go-To Goatee Emporium.

In Dubai, a fan jumps the stage to hug Justin Bieber. Didn't we tell you not to grow that wispy moustache, Justin? Hmmm?

Robert Pattinson has reportedly been hanging out with Katy Perry. Don't panic, Robsten fans, he just wanted to find out what it's like to look at someone who occasionally arranges her mouth into the facial configuration commonly known as a "smile." He's safely back home now.

Martha Stewart says she regrets she never tried talking up Paul Newman and Robert Redford and getting to know them when she regularly sold them pastries at a Connecticut bakery decades ago. Even the regrets of celebrities are so much better.

Shia LaBeouf hands out copies of his self-penned comic book to strangers. "Not again," says the local garbage collector.

Lindsay Lohan calls her 90-day rehab sentence "pointless."
"That may be true for you," say the drivers of Los Angeles, "but at least it gives the rest of us a break from the endless terror."

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metro
Go to metronews.ca/panel and join today

Online

To friend or not to friend Mom on Facebook?

Josh Knoller, a young professional in New York City, spent years refusing his mother's "friend request" on Facebook before, eventually, "caving in."

Today they have an agreement: she'll try not to make embarrassing comments, and he can delete them if she does.

One in three mothers are connected with their teens over Facebook, according to the social networking giant's review of how users self-identify.

With more than one billion Facebook users, that's a lot of mothers and kids keeping in touch through social media, says Fordham University communications professor Paul Levinson, author of New New Media. "Facebook has been a boon to family relationships," says Levinson.

Kelly McBride, an assistant professor of communications at LaSalle University in Philadelphia, says her students who "friend" their mothers keep their Facebook pages benign, using other social media like Instagram or Twitter for the racy stuff.

"They may be willing to 'friend' their mother, but when they do, they take down the drinking or partying or suggestive photographs," she says.

Meanwhile, parenting expert Susan Newman recommends that mothers wait until their children are independent adults before friending them.

THE ASSOCIATED PRESS

Exclusively online

Nothing makes Mommy want to have a meltdown like watching you have a meltdown. Follow along with the comedic (mis-) adventures of mommy-hood with Reasons Mommy Drinks online at metronews.ca/voices

Is three really more stressful?

New study. Weighing in on a report that claims three is the most stressful number of kids to have

IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

One of my favourite lines from The Simpsons is when Bart complains he is having the worst day of his life. "So far," responds his unsympathetic yet correctly predictive father Homer.

I liken that to a study by Today.com that suggests three is the most stressful number of children to have.

A mom of three explains that, versus two kids, the stress level increases when it comes to things like crossing the street. I would agree that getting three kids to do anything in tandem is harder than getting two kids to do it. But I have four kids, and to the best of my recollection, I don't recall sprouting an extra arm when that last child arrived.

Maybe for moms of three, three is the most stressful number of children for them to have ... so far.

The study indicates mothers of more than three kids, on average, described themselves as at a lower stress level than their triumvirate sisters.

It concludes that families with more than three children experience the Duggar Effect, referencing the TLC reality family with 19 children.

While I am 15 short of this number, I admit older kids can, on occasion, help younger kids. But does that really offset the stress of knowing you have more children to feed, clothe, potty train, change sheets for, teach how to drive, suffer through first dates with, explain birth control to and pay post-secondary education for? According to MoneySense.ca, the average cost of raising a child in Canada is almost $245,000. Adding this expense for each child doesn't raise your stress level? Really?

I'm not saying that three kids aren't stressful for a lot of people. It can be. Just like it is very stressful for some parents of one child, two, four, five, etc. I call it the Pitter Patter Principle. (The original Peter Principle I'm referencing states that people are promoted to a level of incompetency.)

One study claims that families with three kids have increased stress levels. ISTOCK

Perhaps those who are lucky enough to actively choose the number of children they have sometimes also reach beyond the level of what they would see as acceptable stress. They are not incompetent in this way, of course; they just learn when to stop.

So what comes first? The proverbial chicken or the fertilized egg? The stress of having kids or the stress level of the parents prior to having them? Since we can't give back the number of children we had past the third one to do a truly fair comparison (I may have tried), I guess we'll never know. KATHY BUCKWORTH IS AN AWARD WINNING WRITER. VISIT KATHYBUCKWORTH.COM OR FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH.

Let Rover swim to safety rather than going in

Dogs' lungs have a higher capacity than humans'. THE ASSOCIATED PRESS

Watching as a beloved dog is swept out to sea is heart-wrenching. Doing nothing seems unthinkable. But experts say that is exactly what a dog owner should do: nothing.

"The human-animal bond is no joke. Most pet owners are very attached to their pets," says Dr. Lynn Miller, a veterinarian who runs an animal clinic north of San Francisco. "But you're not going to save your dog by risking your own life. It does your dog no favours in the end if he comes back and you're dead."

The average dog is a better swimmer than the average human. Dogs such as Labrador retrievers, German shepherds and pit bull terriers are built like boats, the vet says. Their heads are above water, they have a low centre of gravity, they have four legs for propulsion, their lungs have a higher capacity than a human's, their fur keeps them warm in cold water — and many have waterproof undercoats — and some dog breeds have webbed feet.

Using their namesake swim stroke, dogs can find their way back to shore using currents and their fight-or flight-instinct, Miller says.

Dogs are single-minded, and focus on finding safety, while humans panic or become distracted, Miller says. Owners who try to make a rescue also may go into shock from the cold water, try to fight the current and get tumbled around or tire easily, she says.

People also don't think about what will happen if they do follow a dog and manage to reach it alive, Miller says.

THE ASSOCIATED PRESS

Laying out the law: Get familiar with the field beyond the faces on TV

The jury's in. A world of opportunity awaits you in the land of the legal, but where do you successfully start your search?

YLVA VAN BUUREN
CareerBear.com

Setting your sights on the legal landscape but afraid of spending several decades in school? There are a variety of ways to get involved. ISTOCK

OK, you're addicted to law shows on TV — and if nothing new is on, you won't mind watching the old Law & Order episodes you now know by heart.

Maybe you should consider a law career.

Sure, you could apply to law school, but there are other opportunities to work in the legal system that can be equally rewarding.

How about becoming a law clerk or paralegal?

A law clerk's job is mostly administrative, relieving lawyers of routine duties and helping them with more complex legal work when needed.

A paralegal has been educated to take on more legal responsibilities, but still under the guidance of a lawyer.

Their work touches every aspect of law, from land-use and expropriation, to criminal, tax, entertainment law and more.

A typical day might include drafting correspondence and legal documents, reviewing documents, researching, conducting client or third-party interviews and liaising with clients, courts and other counsel.

In Ontario, for example, paralegals can now be licensed and regulated like a lawyer (by the Law Society) and can practise law within a restricted scope, appearing before certain lower-level courts and administrative tribunals.

They have to pass a licensing exam.

Both the law clerk and unlicensed paralegal do not have to carry any liability insurance, while a licensed paralegal does.

There are college-level programs for both law clerk and paralegal.

Tracking the field

SALARY EXPECTATIONS

- Law Clerk: $28K – $67K
- Paralegal: $37K – $55K

CAREER PATH

- Law clerks often start as admin assistants in a law firm and work their way up to a law clerk position.
- Paralegals also start in a law firm, and in Ontario they can become a licensed paralegal as well. Law clerks, paralegals and licensed paralegals (in Ontario) could find themselves working in the legal department of a large private corporation.
- Others might work in smaller legal departments at banks, insurance companies, government offices and private businesses.

The great web of work

- Career Bear is Canada's premier source for people who want a new career but aren't sure where to start.
- Visitors to the website can browse careers by industry, salary, outlook or alphabetical listing and find job profiles, quick career facts and training programs near them.

A business in your backyard

Welcome to my world. If you're psyched about your own surroundings, why not consider becoming a tour guide?

History buffs, it's time to hit the pavement. ISTOCK

Even after 16 years as a tour guide, Josh Silver still breaks out in an irrepressible ear-to-ear grin when he discusses the history of Philadelphia.

He started in 1997 as a part-time guide at Clifton House — a historical home just outside of Philadelphia — and discovered he was a natural. Silver has an affinity for local history, combined with a habit of describing events and artifacts with strict precision: "My friend calls it my bow-tie way of talking," he says with a laugh.

"The challenge for me is staying fresh. And that takes a lot of self-generated motivation," explains Silver. "After a while you have a lot of material to lean on, but you've got to push yourself to keep learning and incorporating new things."

Silver has worked for almost every tour-guiding company in the city, and currently rotates between two small for-profit companies and one non-profit.

"It can be an excellent way to get some supplemental income with something that's always challenging and keeps you learning," says Silver.

"But if you want to do it, I think the first step is coming out of your shell. There are monthly meetings of tour guides. There are tours offered every day. Get out there and start talking to people, because that's a big requirement for the job."

METRO WORLD NEWS

This makes cents

"It can be an excellent way to get some supplemental income with something that's always challenging and keeps you learning."

Josh Silver
Philadelphia-based tour guide

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Casual meets highbrow in Seafood Pasta Pizza with Dill

ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

Instead of the typical white-flour pizza crust, try this linguine pasta crust, which has more fibre and nutrients, and goat cheese that goes so well with the seafood.

1. Preheat oven to 350 F. Cook pasta in boiling water according to package instructions or until firm to the bite. Drain and place in mixing bowl. Add egg, milk and Parmesan cheese. Mix well. Pour into pan and bake 20 minutes.

2. In non-stick skillet sprayed with vegetable spray, sauté seafood just until cooked, approximately 3 minutes. Drain and set aside.

3. In same skillet, heat oil; sauté garlic, peppers and onions for 4 minutes.

This recipe serves six. MARK SHAPIRO, FROM ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE)

4. Meanwhile, in small bowl combine stock, milk and flour until smooth. Add to skillet and simmer on low heat until thickened, approximately 2 minutes, stirring constantly. Add dill and seafood. Pour into pan. Sprinkle with mozzarella and goat cheese; bake for 10 minutes. Let rest for 10 minutes before serving.

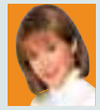
ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE) BY: ROSE REISMAN

Ingredients

- 6 oz broken linguine
- 1 egg
- 1/3 cup 2% milk
- 3 tbsp grated Parmesan cheese
- 8 oz seafood, (shrimp, scallops, squid)
- 1 tsp vegetable oil
- 1 1/2 tsp crushed garlic
- 3/4 cup diced sweet red peppers
- 1/4 cup chopped green onions
- 1/4 cup sliced red onions
- 1 cup cold seafood or chicken stock
- 1 cup 2% milk
- 3 tbsp all-purpose flour
- 1/3 cup chopped fresh dill
- 1/2 cup shredded mozzarella cheese
- 2 oz goat cheese, crumbled

Healthy eating

Choose it and lose it



ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

Great for casual bites, Chili's restaurants can serve up a major amount of calories, fat and sodium if you're not careful. ROSE REISMAN'S CHOOSE IT AND LOSE IT (WHITECAP BOOKS) BY ROSE REISMAN/ PHOTO: MIKE MCCOLL, FROM ROSE REISMAN'S CHOOSE IT AND LOSE IT (WHITECAP BOOKS)

Chili's Quesadilla Explosion Salad with balsamic dressing

1,300 calories/86 g fat/ 2,470 mg sodium

You have an entire day's worth of calories and fat and two days' worth of sodium.

Equivalent

One Quesadilla Explosion Salad from Chili's is equivalent in sodium to 10 bags (250 g each) of Doritos chips. The excess cheese, quesadilla cheese wedges and dressing are the culprits.

Chili's Caribbean Salad including grilled chicken

610 calories/25 g fat/ 810 mg sodium

All the fresh fruit and vegetables make this a much healthier salad.

Side dish. Sweet Potato Fries with Barbecue Mayo

1. Preheat oven to 425 F. Line 2 baking sheets with aluminum foil, spray with non-stick cooking spray; set aside.

2. Combine potatoes with 1/2 cup mayonnaise in large bowl; toss to coat. Arrange potatoes on prepared sheets.

3. Bake 20 minutes. Rotate sheets and bake an additional 15 minutes or until potatoes are golden and crisp.

4. Combine remaining 1/2 cup mayonnaise with barbecue sauce in small bowl. Serve with fries. NEWS CANADA/ FACEBOOK.COM/HELLMANNSCANADA

Ingredients

Prep Time: 15 min
Cook Time: 35 min

- 2 lbs sweet potatoes, peeled and cut into 2-inch-long thin wedges
- 1 cup Hellmann's Real Mayonnaise, divided
- 1/4 cup barbecue sauce

Pulled Chicken Caesar Salad Sandwich: Warm-weather eats

This recipe serves four. NEWS CANADA

With temperatures getting warmer, we'd rather be soaking up the heat than cooking in it.

Although slow cookers are known for their ability to prepare soups, chilies and hot comfort foods through the winter, savvy Canadian families are finding that slow-cooker meals in the spring offer them more time to enjoy the season instead of spending it inside worrying about dinner.

One of these great recipes is the Pulled Chicken Caesar Salad Sandwich.

1. Pour 1/2 of the barbecue sauce into the bottom of your slow cooker.

2. Layer chicken pieces into bottom of slow cooker and pour remaining barbecue sauce over your chicken. Cook on low for 6 hours.

3. Once cooked, remove chicken from slow cooker, place on a cutting board and, using two forks, pull chicken into shreds.

4. Place chicken back in cooker, stirring until mixture is evenly coated. Cover and cook for approximately 30 minutes to absorb more liquid.

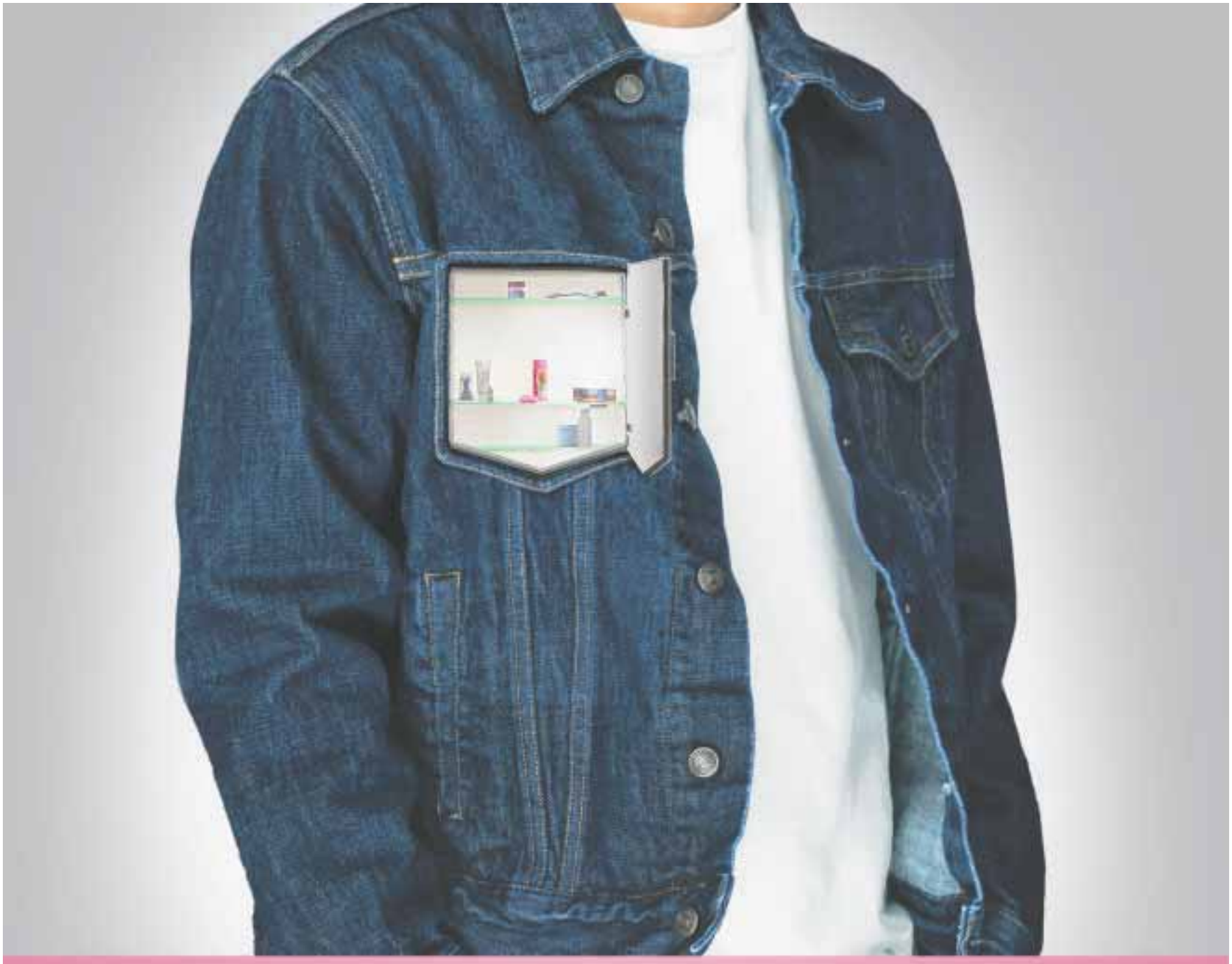
5. While chicken mixture is simmering, create your caesar salad using an ET TU Caesar Original Salad Kit. Prepare salad according to package directions.

6. Once ready, place chicken, topped with caesar salad mixture, on buns.

NEWSCANADA.COM

Ingredients

- 1 500 ml jar of your favourite barbecue sauce
- 4 boneless, skinless chicken breasts
- 1 ET TU Caesar Original Salad Kit
- 1 head of fresh romaine or 2 romaine hearts
- 6-8 kaiser rolls or hamburger buns



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Phil Kessel puts the puck past Tuukka Rask to give the Maple Leafs a 2-0 lead in the third period on Sunday night at Air Canada Centre. Kessel scored after Dion Phaneuf made it 1-0 earlier in the third, and the Leafs held on for a 2-1 win to send the first-round series back to Boston for Game 7 on Monday night. STEVE RUSSELL/TORSTAR NEWS SERVICE

Leafs bloom in 3rd to force game 7

NHL playoffs. First-round clash now in do-or-die scenario as Buds finally give Toronto fans a post-season win at ACC

Captain Dion Phaneuf and Phil Kessel scored third-period goals as the surging Toronto Maple Leafs edged the Boston Bruins 2-1 Sunday night to send their playoff series back to Boston for Game 7.

Milan Lucic scored for Boston with 26 seconds left in the third.

The only time Toronto has come back from a 3-1 deficit to win the series was the 1942 Stanley Cup final against the Detroit Red Wings. The Leafs trailed 3-0 in that series before reeling off four straight wins.

Toronto's last Game 7 win was in 2004 — the last time the Leafs made the playoffs — when it beat Ottawa 4-1 to wrap up their first-round series.

The Leafs will have momentum in their corner this time. The Bruins' companion will be self-doubt after a second failed attempt at closing out the series.

James Reimer was again steady in the Toronto net, making 29 saves to earn the win.

For Phaneuf, scoring was sweet redemption after being involved in the play that led to the Bruins' overtime winner in Game 3.

It came at 1:48 of the third period after Nazem Kadri ripped a wrist shot that was tipped in by Phaneuf, who had made his way to the front of the goal after continuing his rush. Boston had lost the puck in the Toronto end on an attempt at a flash pass by David Krejci.

THE CANADIAN PRESS

Game 6

Maple Leafs	Bruins
2	1

Decades in the making

54

Sunday night's win snapped the Leafs' 54-year home playoff drought against the Bruins. Toronto's last home playoff win against Boston was March 31, 1959, a 3-2 win in overtime. Nine straight post-season home losses followed in the decades since with Boston outscoring Toronto 38-24.

NBA playoffs

Warriors knot series with Spurs

Harrison Barnes had 26 points and 10 rebounds, Stephen Curry scored 22 on an injured left ankle and the Golden State Warriors rallied past the San Antonio Spurs 97-87 in overtime Sunday to even the Western Conference semifinal at two games apiece. THE ASSOCIATED PRESS

Hockey

Canadians money against Czechs

Jeff Skinner scored on an end-to-end rush in the third period Sunday as Canada beat the Czech Republic 2-1 at the IIHF world championship to clinch a spot in the quarter-finals.

Skinner collected the puck in his own zone before weaving through the defence and burying a wraparound behind Ondrej Pavelec at 6:55 of the third period. THE CANADIAN PRESS

NHL playoffs

Rangers force Game 7 vs. Caps

Henrik Lundqvist stopped 27 shots in earning his seventh NHL playoff shutout, and Derick Brassard scored a second-period goal for the New York Rangers, who stayed alive with a 1-0 victory over the Washington Capitals on Sunday that forced a Game 7 in the first-round series.

The series will head back to Washington for the deciding game Monday night.

The home team has won all six games in the series.

THE ASSOCIATED PRESS

Boogaards suing NHL for son's death: Report

Saskatoon native Derek Boogaard fights with Trevor Gillies of the Islanders on Dec. 2, 2010, in Uniondale, New York. BRUCE BENNETT/GETTY IMAGES

Derek Boogaard's family has filed a wrongful-death lawsuit against the National Hockey League, The New York Times reported Sunday.

The newspaper reported the family claims in the lawsuit that the NHL is responsible for the brain damage that the Saskatoon native Boogaard sustained during six seasons as an enforcer in the league, and for his addiction to prescription painkillers.

NHL Deputy Commissioner Bill Daly told The Associated Press in an email Sunday night that the league has not received the lawsuit and generally does not comment on pending litigation.

Boogaard was found dead of an accidental overdose on pain medication and alcohol on May 13, 2011. He was 28. He was posthumously diagnosed with chronic traumatic encephalopathy, a degenerative brain ailment that is caused by repeated blows to the head.

The Times reports the suit was filed late Friday by the Chicago law firm of Corboy & Demetrio, in the Circuit Court of Cook County.

"To distill this to one sentence," William Gibbs, attorney for the Boogaards, told The Times, "you take a young man, you subject him to trauma, you give him pills for that trauma, he becomes addicted to those pills, you promise to treat him for that addiction, and you fail."

Boogaard was under contract with the New York Rangers at the time of his death. He played his first five NHL seasons with the Minnesota Wild and one season with the Rangers. THE ASSOCIATED PRESS

See today's answers at metronews.ca/answers.

Horoscopes

♈ Aries
March 21 - April 20
Make an effort to see yourself the way others see you today. It's great that you have such a strong self-image but sometimes it makes it hard to understand why not everyone looks at life the same way.

♉ Taurus
April 21 - May 21
The methods you have been using may be effective for you but that does not mean they are right for everyone. You will find yourself at odds with someone you work with today.

♊ Gemini
May 22 - June 21
Your heart and your head are pulling you in opposite directions and it won't be until later in the week that you choose one approach over the other.

♋ Cancer
June 22 - July 23
Keep your wits about you as the new week begins and try to maintain a light-hearted attitude to everything that happens. Some people may be feeling a bit down but that does not mean you have to get down there with them.

♌ Leo
July 24 - Aug. 23
The best way to deal with people who annoy you is to ignore them. There is something imperious in the Leo nature and if you make out that someone does not exist no one else will believe they exist either.

♍ Virgo
Aug. 24 - Sept. 23
It may be tempting to sell off a treasured possession so you can pay an outstanding debt but that's not a good idea.

♎ Libra
Sept. 24 - Oct. 23
The cosmic pattern is slowly but surely shifting in your favor and by the end of the week the dark days will be behind you. Today you will have to deal with an emotional issue of some kind.

♏ Scorpio
Oct. 24 - Nov. 22
You will have to make a difficult decision either today or tomorrow and some people are sure to be disappointed. That's not your concern. The only thing that matters is you stay true to your principles.

♐ Sagittarius
Nov. 23 - Dec. 21
You may be easygoing by nature but when aroused you make a tenacious opponent. Today's events will encourage you to stand up for those who cannot stand up for themselves. With you on their side they might just win.

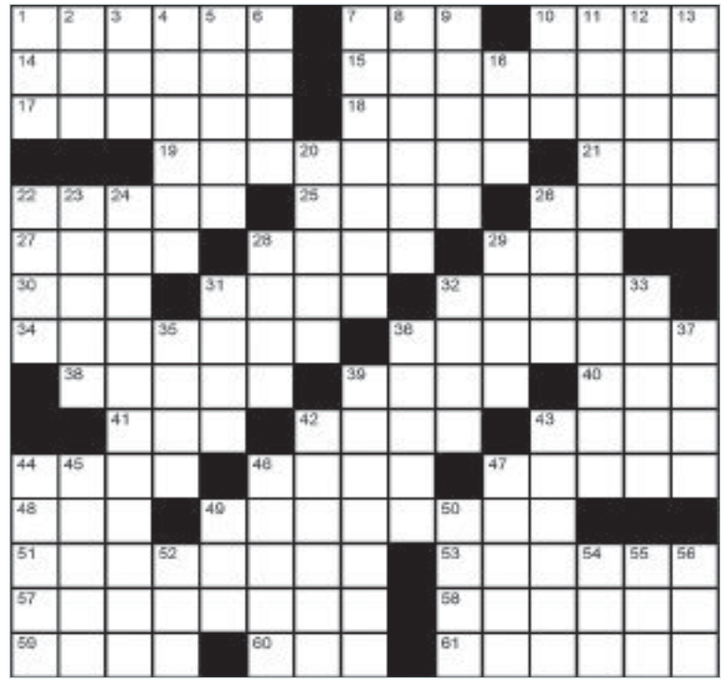
♑ Capricorn
Dec. 22 - Jan. 20
You may worry that if you don't act quickly you will miss out on an opportunity of some kind but it isn't true. In fact the planets indicate most strongly that you should bide your time.

♒ Aquarius
Jan. 21 - Feb. 19
If you have to be critical of someone today, either at home or at work, make sure you wrap up what you say in some kind of sugar coating. Not everyone has such a robust ego as you.

♓ Pisces
Feb. 20 - March 20
Throwing money at a problem won't get you anywhere. If you stand back from your current situation a bit you will see it's not nearly as bad as you fear. It never is. SALLY BROMPTON

Crossword: Canada Across and Down

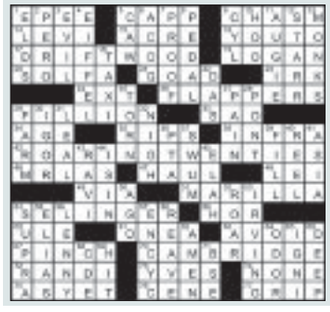
BY KELLY ANN BUCHANAN



Across
1. Minimal or paltry
7. '_' __ in Calgary
10. Eleven: French
14. Spotted big cat
15. Some briefcases
17. __ Vision (Eyewear chain)
18. Chained steeping gadgets
19. Computer purchase
21. Handheld mobile device [acronym]
22. Superhero accessories
25. Bible verb, used with Thou
26. Potter's supply
27. Hurting
28. Nastiness
29. Unheard in "The Silence of the Lambs" (1991)
30. Month we're in, in French
31. Elephant's one of two
32. Jesus' mom's namesakes
34. Driveway surface
36. Anne of Green Gables portrayer, Megan __
38. Kindle download
39. Trudge
40. "__ chance!"
41. __ and downs
42. Grub
43. Sandra Bullock movie, "Two __ __ Sea" (1996)
44. But: French
46. Showy flower
47. Cup: French
48. __-inclusive
49. Our robotic space icon
51. Manitoba waterway: 2 wds.
53. Hurried
57. Manipulator, often in showbiz
58. Mr. Rains of "Casablanca" (1942)
59. Group of cattle
60. Fleur-de-__
61. Icon

Down
1. Matthew Broderick's wife's monogram
2. Papua New Guinea seaport
3. Lettered grocery store
4. Mordecai Richler novel, Solomon __ Was Here
5. Heavenly hats
6. Not kosher
7. Supermodel's workplace
8. "Relax!" (Boot camp order): 2 wds.
9. Begin
10. Wood sorrel
11. Sports event currently underway: acr. + wd.
12. Nintendo's The Legend of __
13. Composition
16. Daniel Day-Lewis' li'l Oscar role
20. Retro dance, The __
22. Papa's wife
23. Getting _ __ of the jitters (Pre-competition fear)
24. Irving, for one (Its head office is in Halifax)
26. TV legend Mr. Reiner
28. __ up (Gain muscle mass)
29. North American bird, __ Eagle
31. New Mexico art colony
32. State of mind
33. Cotton __ (Medicine cabinet items)
35. Skips
36. Rock band, with Pink
37. Eye problem
39. The North Star
42. __-chopped onions
43. 2001 Michelle Pfeiffer/Sean Penn movie: 3 wds.
44. Liquidy low-lying land
45. Pain relief brand
46. Montreal suburb
47. Sincerely
49. Puffy li'l prop for George Burns
50. Circle segments
52. Circular, for short
54. Focal point
55. Tokyo's former name
56. Rocker Mr. Shannon

Friday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku

8	1	6	2	3	5	7	4	9
4	2	5	9	6	7	8	3	1
3	9	7	4	1	8	2	5	6
6	3	2	8	5	1	4	9	7
9	7	4	6	2	3	5	1	8
1	5	8	7	4	9	3	6	2
5	4	9	1	8	2	6	7	3
7	8	3	5	9	6	1	2	4
2	6	1	3	7	4	9	8	5

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